



USING MEDICATIONS, COSMETICS, OR EATING CERTAIN FOODS CAN INCREASE SENSITIVITY TO ULTRAVIOLET RADIATION. INDIVIDUALS SHOULD CONSULT A PHYSICIAN BEFORE USING A SUNLAMP, IF THEY ARE TAKING MEDICATIONS.

THE ITEMS LISTED ARE POTENTIAL PHOTSENSITIZING AGENTS THAT MAY INCREASE SENSITIVITY TO ULTRAVIOLET LIGHT THAT MAY RESULT IN A PHOTOTOXIC OR PHOTOALLERGIC RESPONSES.

PHOTOSENSITIZING MEDICATIONS

Acetazolamide	Amiloride+Hydrochlorothiazide
Amiodarone	Amitriptyline
Amoxapine	Astemizole
Atenolol+Chlorthalidone	Auranofin
Azatadine (Optimine)	Azatidine+Pseudoephedrine
Bendroflumethiazide	Benzthiazide
Bromodiphenhydramine	Bromopheniramine
Captopril	Captopril+Hydrochlorothiazide
Carbamazepine	Chlordiazepoxide+Amitriptyline
Chlorothiazide	Chlorpheniramine
Chlorpheniramine+DPseudoephedrine	Chlorpromazine
Chlorpheniramine+Phenylpropanolamine	Chlorpropamide
Chlorprothixene	Chlorthalidone
Chlorthalidone+Reserpine	Ciprofloxacin
Clemastine	Clofazime
ClonidineChlorthalidone+Coal Tar	Coal Tar
Contraceptive (oral)	Cyclobenzaprine
Cyproheptadine	Dacarcazine
Danazol	Demeclocycline
Desipramine	Dexchlorpheniramine
Diclofenac	Diflunisal
Ditiazem	Diphenhydramine
Diphenylpyraline	Doxepin
Doxycycline	Doxycycline Hyclate
Enalapril	Enalapril+Hydrochlorothiazide
Erythromycin Ethylsuccinate+Sulfisoxazole	Estrogens
Estrogens	Ethionamide
Etretinate	Floxuridine
Flucytosine	Fluorouracil
Fluphenazine	Flubiprofen
Flutamide	Gentamicin
Glipizide	Glyburide

Gold Salts (compounds)	Gold Sodium Thiomalate
Griseofulvin	Griseofulvin Ultramicrosize
Griseofulvin+Hydrochlorothiazide	Haloperidol
Hexachlorophene	Hydralazine+Hydrochlorothiazide
Hydralazine	Hydrochlorothiazide
Hydrochlorothiazide+Triamterene	Hydroflumethiazide
Hydroflumethiazide+Reserpine	Ibuprofen
Imipramine	Indapamide
Isotretinoin	Isocarboxazid
Interferon ALFA-2B	Ketoprofen
Labetalol	Labetalol+Hydrochlorothiazide
Labetalol+Thiazide Diuretic	Lisinopril+Hydrochlorothiazide
Lovastatin	Maprotiline
Meperidine+Promethiazine	Mesoridazine
Methacycline	Methazolamide
Methdilazine	Methotrexate
Methyclothiazide+Deserpidine	Methyclothiazide+Reserpine
Methyldopa+Hydrochlorothiazide	Methyldopa+Chlorothiazide
Metolazone	Metoprolol+Hydrochlorothiazide
Minocycline	Minoxidol
Nabilone	Nalidixic Acid
Nadolol+Bendroflumenthiazide blocker	Naprosyn
Nifedipine	Niferdipine Channel blocker
Norflaxcin	Nortriptyline
Oxytetracycline	Perphenazine
Perphenazine+Amitriptyline	Phenylbutazone
Phenytoin	Polythiazide
Phenylpropanolamine+Chlorpheniramine	Piroxicam
Phenylpropanolamine+Pheniramine Ppyrilamine	Prochlorperazine
Prazosin+Polythiazide	Protriptyline
Promethazine	Quinethazone
Pyrazinamide	Quinidine Sulfate
Quinidine Gluconate	Reserpine+Chlorothiazide
Quinidine	Selegiline
Quinine Rauwolfia+Sepentina+Bendroflumethiazide	Sulfacytine
Reserpine+Hydrochlorothiazide	Sulfadoxine+Pyrimethamine
Reserpine+Hydralazine+Hydrochlorothiazide	Sulfamethoxazole
Spironolactone+Hydrochlorothiazide	Sulfasalazine
Sulfamethizole+Phenazopyridine	Sulfasoxazole
Sulfapyridine	Sulfone
Sulfinpyrazone	Terfenadine
Sulfasoxazole+Phenazopyridine	Thiothixene
Sunlindac	Tolazamide
Tetracycline	Tretinoin
Timolol+Hydrochlorothiazide	
Tolbutamide	

Triamterene
Trimeprazine
Trimethoprim+Sulfamethoxazole
Tripelennamine
Triprolidine+Pseudoephedrine
Cromolyn

Trifluoperazine
Trimethoprim
Trimipramine
Triprolidine
Visblastine

ANTIDEPRESSANTS

Clomipramine (Anafranil)
Maprotiline (Ludiomil)
Sertaline (Zoloft)
Tricyclic Agents (Elavil, Asendin, Norpramin, Sinequan, Tofranil, Aventyl, Vivactil, Surmontil)
Isocarboxazid (Marplan)
Mirtazapine (Remeron)
Venlafaxine (Effexor)

ANTIHISTAMINES

Astemizole (Hismanal)
Cyproheptadine (Periactin)
Diphenhydramine (Benadryl)
loratadine (Claritin)
Cetirizine (Zytec)
Dimenhydrinate (Dramamine)
Hydroxyzine (Atarax, Vistaril)
Terfenadine (Seldane)

ANTIMICROBIALS

Azithromycin (Zithromax)
Nalidixic Acid (NegGram)
Quinolones (Cipro, Penetrex, Levaquin, Floxin, Maxaquin, Noroxin)
Sulfasalazine (Azulfidine)
Sulfonamides (Gantrisin, Bactrim, Septra)
Tetracyclines (Declomysin, Vibramycin, Minocin, Terramycin)
Griseofulvin (Fulvicin, Grisactin)
Zagam

ANTIPARASITICS

Bithionol (Bitin)
Mefloquine (Lariam)
Pyrvinium Parnate (Povan, Vanquin)
Chloroquine (Aralen)
Quinine

ANTIPSYCHOTICS

Chlorprothixene (Taractan, Tarasan)
Phenothiazines (Compazine, Mellaril, Stelazine, Phenergan, Thorazine)
Risperidone (Risperdal)
Cancer Chemotherapy
Flouroracil (5-FU)
Procabazine (Matulane, Natulan)
Haloperidol (Haldol)
Thiothixene (Navane)
Dacarbazine (DTIC)
Methotrexate (Mexate)
Vinblastine (Velban, Belbe)

CARIOVASCULARS

Ace Inhibitors (Capoten, Vasotec, Monapril, Accupril, Altace, Univasc)
Amiodarone (Cordarone)
Disopyramide (Norpace)
Lovastatin (Mevacor)
Diltiazem (Cardizem)
Osartan (Hyzaar)
Nifedipine (Procardia)

Pravastatin (Pravachol)
Simvastatin (Zocor)

Quinidine (Quinaglute)
Sotalol (Betapace)

DIURETICS

Acetazolamide (Diamox)
Furosemide (Lasix)
Thiazides (HydroDiuril, Naturetin)

Amiloride (Midamor)
Metolazone (Diulo, Zaroxolyn)

HYPOGLYCEMIC SULFONYLUREAS

Acetohexamide (Dymelor)
Glimepiride (Amaryl)
Glyburide (DiaBeta, Micronase)
Tolbutamide (Orinase)

Chlorpropamide (Diabinese)
Glipzide (Glucotrol)
Tolazamide (Tolinase)

NSAIDs

All nonsteroidal anti-inflammatory drugs
Ibuprofen (Motrin)
Orudis
Voltaren
Nabumetone (Relafen)

Naproxen (Anaprox, Naproxyn)
Feldene
Etodolac (Lodine)
Oxaprozin (Daypro)

SUNSCREENS

Benzophenones (Armis, Clinique)
Cinnamates (Arimis, Estee Lauder)
Oxybenzone (Eclipse, PreSun, Shade)
PABA Esters (Block Out, Sea & Ski, Eclipse)

Dioxbenzone (Solbar Plus)
PABA (PreSun)

MISCELLANEOUS

Benzocaine
Carbamazepine (Tegretol)
Coal Tar (Tegrin, Zetar, Denorex)
Etretinate (Tegison)
Gabapentin (Neurontin)
Gold Salts (Myochrysine, Ridaura, Solganal)
Interferon beta-1b (Betaseron)
Masoprocol (Actinex)
Perfume Oils (Bergamot, Citron, Lavender, Sandalwood, Cedar, Musk)
Psoralens
Tretinoin (Retin-A, Vitamin A Acid)

Benzoyl Peroxide (Oxy 10)
Chlordiazepoxide (Librium)
Estazolam (ProSom)
Felbamate (Felbatol)
Hexachlorophene (pHisoHex)
Hypericum (St. Johns Wort)
Isetretinoln (Accutane)
Olsalazine (Dipentum)
Selegiline (Deprenyl, Eldepryl)
Zolpidem (Ambien)

OTHER PHOTSENSITIZING FOODS & MEDICATIONS

Acridine Preparations (slight)
Agrimony
Aminobenzoic Acid
Angelica
Antimalarials

Agave Lechuguilla (Amaryllis)
9-Aminoacridine
Anesthetics (Procaine group)
Anthracene
Arsenicals

Barbiturates
Benzene
Bergamot (Perfume)
Bulosemide (Jadit)
4-Butyl-4-Chlorosalicylanilide
Carbinoxamine D-Form (Twiston R-A)
Celery
Citrus Fruits
Demeclocycline
Parsnips
Perioline
Phenanathrene
Phenolic compounds
Phenothiazines (dyes, methylene blue)
Dibenzopyran derivatives
Digalloyl trioleate sunscreen
Diphenhydramine hydrochloride
Eosin (slight)
Estrone
Fluorescein dyes
Glyceryl P-Aminobenzoate
Garlic
Hematoporphyrin
Imipramine HCL (Tofranil)
Isothipendyl
Lantinin
Mepazine (Pacatal)
Methotrimeprazine (Levoprome)
Methoxsalen (Meloxine, Oxsoralen)
Monoglycerol Paraaminobenzoate
Nalidixic Acid
Nortriptyline (Aventyl)
Paraphenylenediamine
Promazine Hydrochloride
Sulfadoxine
Sulfapyridine
Cyclothiazide
Chlortetracycline
Mirtazapine
Pitch and Pitch fumes
Profriptyline
Pyridine
Rue
Salicylates
Smartweed (Tea)
Sulfacetamide

Bavachi (Corylifolia)
Benzopyrine
Bithional (Actamer, Lorotheidol)
Bromchlorsalicylanilide
Carbutamide (Nadisan)
Carrots
Chlorophyll
Clover
Declomycin
Penicillin derivatives
Perphenazine (Trilafon)
Phenazine Dyes
Phenoxazines
Demethylchlortetracycline
Dicyanine-A
Dill
Eggs
Figs
Fennel
5-Fluorouracil
Grass (Meadow, Wheat, Barley)
Lime Oil
Hexachlorophene (Rare)
Isothipencyl (Theruhistin)
Lady's Thumb (Tea)
Meclotiazide (Enduron)
9-Mercatopurine
5-Methixypsoralen
8-Methoxypsoralen
Mustards
Naphthalene
Para-Dimethylaminoazobenzene
Parsley
Sulfadiazine
Sulfamethizole
Acetohexamide
Trichlormethiazide
Clomipramine
Sertaline
Porphyrins
Pyrathiazine Hydrochloride
Rose Bengal Perfume
Salicylanilides
Silver Salts
Stilbamindine Isethionate
Sulfadimethoxine

Sulfaguanidine	Sulfanilamide (slight)
Sulfamerazine	Sulfamethazine
Sulfathiazole	Sulfonamides
Sulfaisomidine (Elkosin)	Sulfonylureas (Antidiabetics)
Tetrachlorsalicylanilide	Thiazides (Diuril, Hydrodiuril)
Thiopropazate	Dihydrochloride
Toluene	Tribromosalicylanilide (TBS)
Trichlormethiazide (Metahydrin)	Tridione
Triethylene Melamine (TEM)	Trimeprazine Tartrate (Temaril)
Triflupromazine Hydrochloride (Vesprin)	Trimethadione (Tridione)
Tripyrathiazine	Vanilla Oils
Water Ash	Xylene
Yarrow	Antifungals
Antimicrobials	Antiseptics
Artificial Sweeteners	Cosmetics
Dyes	Deodorant
Bacteriostatic Agents	Fluorescent Brightening Agents
Melanogenics (furocoumarins)	Flavoring and Spices
Perfumes & Toilet Articles (essential oils)	Tattoos
Onions	Coumarin (from Tonka Bean)
Chloroquine	Estrogen
Blood Pressure Medications	Major Tranquilizers
Oral Diabetes Medications	Antibiotics
Anticholesterol Medications	Anticonvulsants
Actifed	Aldoclor
Aldoril	Aldatazide
Acetohexamine	Acetophenazine

DYES IN MAKE-UP PRODUCTS AND SOME FOODS

(Make sure skin is clean before tanning)

Acridine	Anthracene
Cadmium Sulfide	Eosin (found in lipstick)
Erythrosin	Fluorescin
Methylene Blue, Violet, Orange & Red	Neutral Red
Rose Bengal	Toluidine Blue
Trypaflavin & Trypan Blue	

SUNSCREENS

6-Acetoxy-2, 4-dimethyl-m-dioxane (preservative in sunscreen)
 Benzophenones (Armis, Clinique and others)
 Cinnamates (Aramis, Estee Lauder and others)
 Oxybenzone (Eclipse, PreSun and others)
 Paba Esters (Eclipse, Block Out, Sea & Ski and others)
 Para-aminobenzoic Acid (PABA-Pabagel, Pabanol, PreSun and others)

HEALTH CONDITIONS

(Individuals with the following conditions should not be allowed to tan unless they have written consent from their physician. It is unlikely that any doctor will permit tanning under these circumstances.)

Albinism

Dermatomyositis

Lung Tuberculosis

Melasma

Polymorphous Light

Porphria

Rosacea

Sun Poisoning

Vitiligo

Atinie Prurigo

Lichen Rubber

Lupus Erythematosum

Photoallergic Eczema

Eruption

Related Allergies

Solar Urticaria

Varix

Xeroderma Pigmentosum